Routes and Excursions

'All I ask, the heaven above and the road below me.' *from The Vagabond by Robert L. Stevenson*

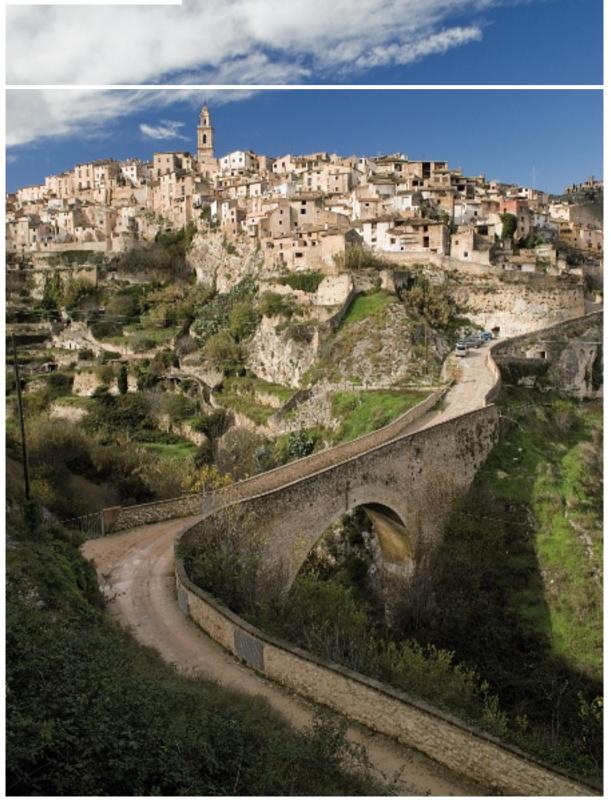
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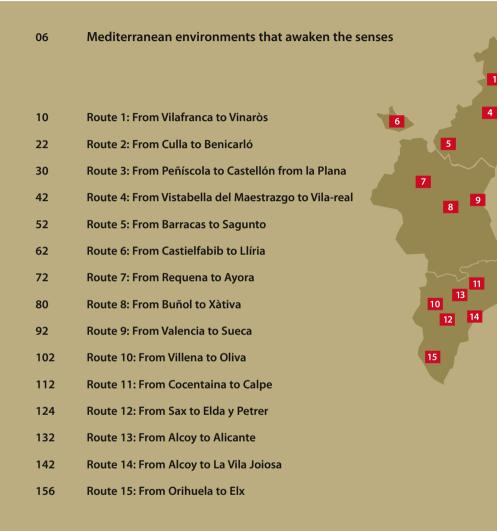


Escape to the magic of Valencia villages and landscapes

One of the prettiest and proudest daughters of the Mediterranean shows herself to the world offering all her charms. The Region of Valencia has some privileged natural resources, with a coast where paradise beaches can be found and a mountainous and wooded interfor where places of great beauty and distinction are waiting to be discovered.



A journey through the cultural and natural heritage of the Region of Valencia



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Itineraries that discover the remotest places of the coast and inland

A guide to help you enjoy the most surprising and less familiar places in the Region of Valencia

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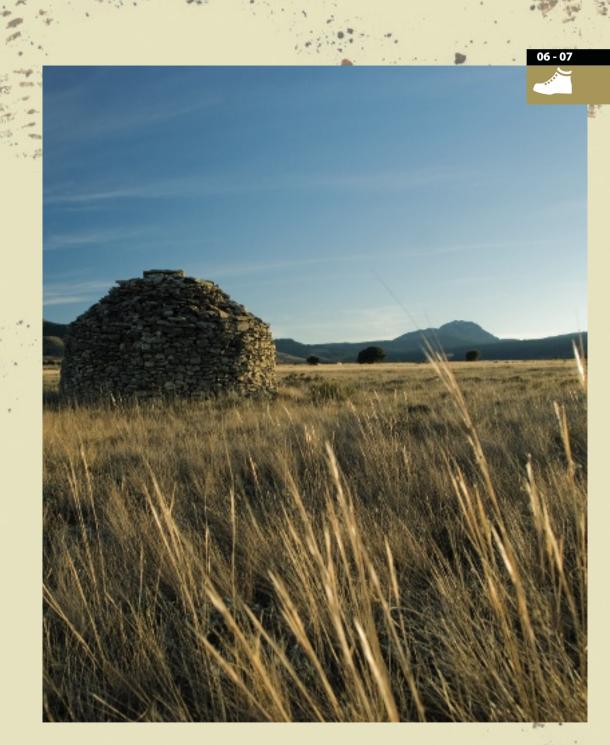
For visitors and residents alike, the Region of Valencia offers a spectacular cultural and natural heritage. An extensive territory that from north to south holds all manner of attractions for the traveller. From natural spots of incomparable beauty both on the coast and inland, to spectacular villages and towns that hold within them architectural ensembles of great artistic and historical value. A selection of routes and excursions that discover, as well as all the charms of the Region of Valencia, the food, fiestas and crafts of the most emblematic and less familiar places of this impressive and wide ranging territory.



Note: the Spanish/Valencian terms "Fuente"/"Font" refer to places where natural spring water gushes out, usually through a simple spout for public access, some of these being traditional and quite decorative or historic. The term "Ermita" is translated literally as "Hermitage", although in English its historic and religious significance is less familiar. In Spain they are very common, as wayside chapels, not necessarily in isolated spots or abandoned, being the focal point of traditional religious processions and pilgrimages, they may include a simple dwelling, even a small monastery.



Mediterranean environments that awaken the senses



Since time immemorial there has been a human presence in Valencian territory. A land both rich and fertile, bathed by the Mediterranean sea and blessed with an agreeable climate which, throughout history, has been home to civilisations such as the Iberian, Roman, Arab and Christian. Civilisations that have left an indelible cultural imprint and made full use of the favoured natural disposition of the Region of Valencia.



A contrast of civilizations in a rugged and beautiful mountain and sea environment

All Valencians know of the existence of the Penyagolosa massif, of l'Albufera de Valencia, or the city of Alcoy. But how many times have they been in these places and devoted sufficient time to get to know all their charms in depth? And what if we talk of less celebrated places, such as the Ojos Negros green way, l'Albufera de Anna, or the Guardamar de Segura dunes? This guide aims to bring to residents of the Region of Valencia and its visitors the routes and excursions that cross the territory, with the aim of showing, in a detailed way, the attraction of the most famous places and to discover the less familiar spots. The Region of Valencia is a place of contrasts, which provides the territory with great scenic richness. Only in the coastal area can we find cliffs, like



the Serra d'Irta or those of Vila Joiosa; wetlands and marshes, like those of the Ribera de Cabanes, l'Albufera de Elx, the Torrevieja and La Mata lagoons, transformed into saltworks, or the Pego-Oliva marshland; great stretches of sandy beaches from Benicàssim to Almenara, from Puçol to La Marina; and important dune formations like those of El Saler de Valencia. A total of 22 areas in the Region of Valencia have been declared Nature Parks. In the inland area we find, in the north, mountains that belong to the Iberian System of mountain ranges; in the central part there are hills, tablelands and plains; and in the south, sierras belonging to the Baetic Cordillera. We highlight the rivers Júcar, Segura, Turia, Mijares, Vinalopó,



A guide to help you encounter all the charm of the Region of Valencia

Palancia and Serpis, as the main ones in the territory, but there are many more, which we will be discovering as we go further along the routes traced in these guides. These rivers create spaces full of magic as they pass through the mountainous areas, and they irrigate the innumerable crops on the flatter areas. The Region of Valencia is a land of varied landscapes, which have a common denominator, the sun. A benign climate which influences the Valencian personality, always ready to share, to spread happiness and to make visitors feel welcome. We will enjoy an authentic paella at El Palmar, we will taste a cuisine dedicated to the produce from the sea in the area along the coast and, inland, the 'ollas' and 'pucheros' [stews and hot-pots], like the famous 'gazpacho ayorino' [a hearty stew of game or poultry, nothing to do with the gazpacho andaluz] or the 'olla segorbina' [a hot-pot of scraps from the pig with white beans and potatoes] and all accompanied by stupendous Valencian salads with fresh produce from the legendary Valencian 'Huerta' [fertile plains traditionally dedicated to market gardens and orchards]. We can also enjoy the innumerable festivities that are held in these lands, the most representative being Las Fallas de Valencia, Las Hogueras de San Juan, La Magdalena, the Moros y Cristianos, and the Tomatina festival [a tomato fight in the streets] in Buñol. All that remains to do is put on comfortable clothing, suitable footwear, load your backpack with the barest minimum and set out to discover the delights of the Region of Valencia.







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